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FITNESS EQUIPMENT IRELAND

2019

PRODUCT CATALOGUE

DEDICATED

OUR GOAL AT FITNESS EQUIPMENT IRELAND IS TO PROVIDE THE MEANS FOR OUR CUSTOMERS FITNESS GOALS TO BECOME A REALITY. WE UTILIZE OUR TEAM'S EXPERTISE TO SERVICE A WIDE VARIETY OF CUSTOMERS FROM WORKOUT ENTHUSIASTS BUILDING THEIR OWN HOME-GYMS, TO COMMERCIAL GRADE FITNESS CENTERS.

WE ARE AN END TO END SOLUTION PROVIDER FOR YOUR GYM NEEDS. FROM QUOTATION TO INSTALLATION, FITNESS EQUIPMENT IRELAND STRIVES TO CREATE A SEAMLESS EXPERIENCE FOR THE CUSTOMER.

PRICE MATCH

WE BELEIVE THAT WE CAN PROVIDE THE BEST EQUIPMENT AT THE MOST COMPETITIVE PRICE.

NEXT DAY DELIVERY

WE OFFER NEXT DAY DELIVERY ON ALL IN STOCK ITEMS TO BOTH THE REPUBLIC OF IRELAND AND NORTHERN IRELAND.

CUSTOMIZATION

FROM POWER RACK PLATFORMS, TO ENTIRE GYM INSTALLATION, OUR TEAM HAS YOU COVERED.

CONTENTS

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OUR CLIENTS INCLUDE

CORPORATE

SPORTS CLUBS

STUDIO

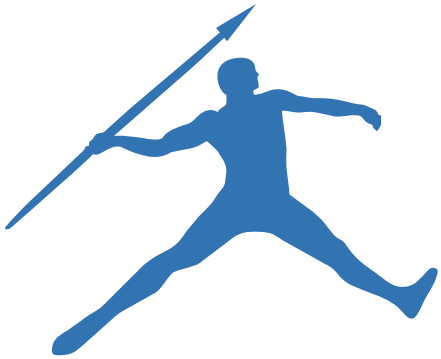
HOTELS

AND MANY MORE

OUR BRANDS

LAOCH

Gaelic for Warrior, Laoch products are designed to withstand the battles raging throughout your gym. From weight plates to power racks, our Laoch equipment is made to embody the warrior mentality.



BOLT

BOLT STRENGTH

Push yourself with our own line of top tier cardio and strength equipment at a price unmatched by the competition.

PULS8

Facilitate an unmatched team environment with our new group training service, Puls8 Fitness.

See pages (46-47 for more information)

FLOORING

RUBBER FLOORING

Protect your gym's flooring and users with our best selling rubber gym flooring.

TURF

Transform your studio into an elite training center with our turf flooring solutions.

WOODEN PLATFORMS & INSERTS

The perfect addition to any gym or studio our platforms help provide the sturdy base needed for heavier lifts.

PREMIUM FLOORING:
AVAILABLE IN TILES AND ROLLS.

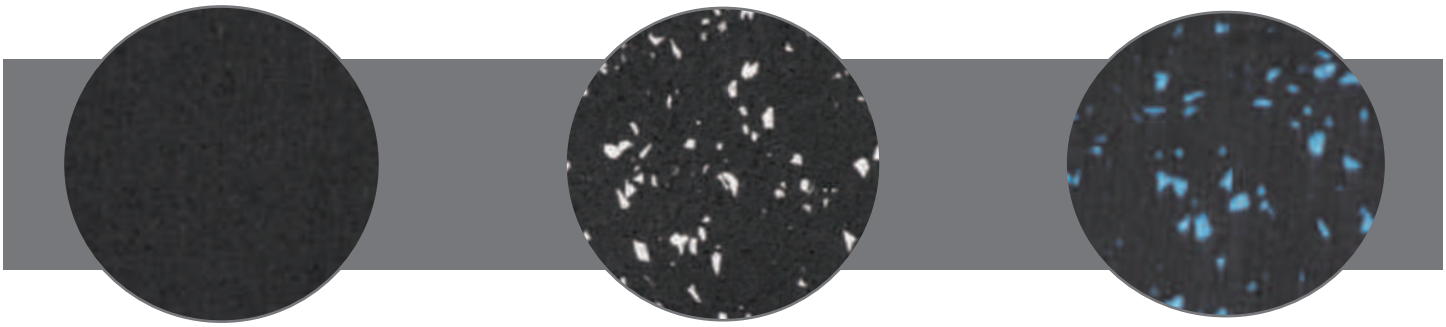
TILES AVAILABLE IN:
15MM, 20MM, 25MM, 30MM, 35MM AND 40MM. ROLLS AVAILABLE IN: 4MM-10MM.

PROPERTIES
- Easy to clean surface
- Wear resistant
- Anti-slip
- Improved shock absorbency
- Increased customization options

SPECIFICATIONS
- Top layer: 15%EPDM+SBR
- Bottom layer: Recycled rubber + EPDM
- Size: 500mm x 500mm, 500mm x 1000mm, and 1m x 1m tiles
- 61% shock Absorbent (EN14808
- Slip Resistance: .76 (EN 14041 and EN13893)

CHEMICAL BEHAVIOUR
- Resistant to Water
- Thermal Conductivity: .120W/(m.K) (EN12667:2001)
- Thermal Resistance: .1411 (m^2.K)/W (EN12667:2001)

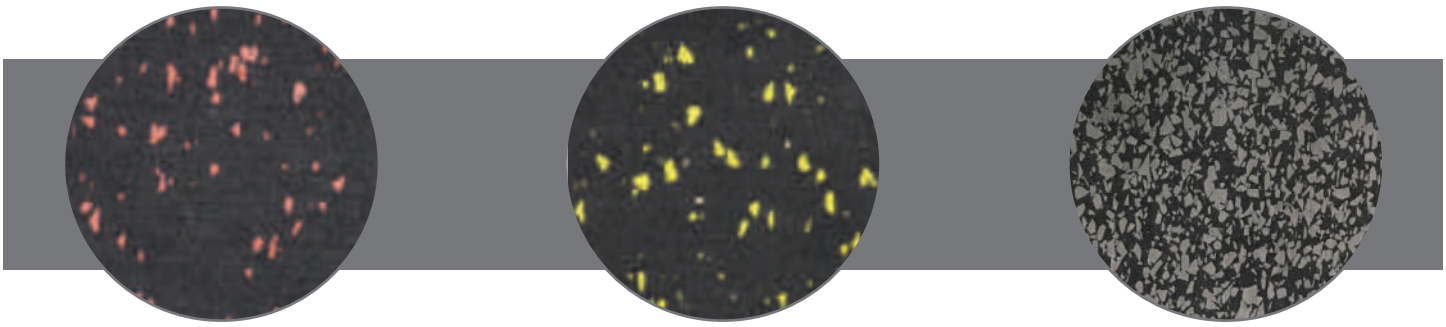
PREMIUM FLOORING COLOUR OPTIONS



BLACK
SKU: CL-2OOO

WHITE SPECK
SKU: CL-2001

BLUE SPECK
SKU: CL-2002



RED SPECK
SKU CL-2003

YELLOW SPECK
SKU CL-2005

GREY SPECK
SKU CL-7007

RUBBER TILES

AVAILABLE IN 15MM, 20MM, 30MM AND 40MM THICKNESSES

PROPERTIES

- Force Reduction: 10-18%
- Temperature Stability -30° C to +80° C
- Thermal Conductivity .17 W/(mK) EN 12667
- Fire (Normal Inflammable; B2) EN 13501
- Sound Improvement: Approx 18 DB to 23DB (Varies with Construction)
- Vapour Permeable

SPECIFICATIONS

- Dimensions: 1m x 1m
- Bulk Density: Approx 950 kg / m^3
- Ultimate Tensile Strength (N/mm^2) 1.38 (DIN 53455)
- Anti-Slip Property: Class R 10 DIN 52230, Class DS EN 14041

CHEMICAL BEHAVIOUR

- Resistant to Water, numerous Diluted Acids and Alkaline Solutions.
- Chemically Neutral
- UV- Resistant (EN423)

ASTRO TURF

PROPERTIES

- 7mm and 16mm turf available to be cut to length
- 12mm Premium coloured turf sold in full rolls only (2m x 25.2m)
- Lined turf available

CUSTOMIZATION OPTIONS

- Custom marker lines and logo options available

WOODEN PLATFORMS

Add an entirely new level of customization and function to your gym with our wooden platform options. Using either oak or birch, we can install wooden inserts, lifting platforms and T platforms for when your workouts need the extra support

PROPERTIES

- Made with 50mm of either solid Birchwood or Oakwood ply and 18mm impact absorbing rubber.
- These are heavy duty platforms which can be used anywhere from commerical and semi-commercial settings to home gyms.

CUSTOMIZATION OPTIONS

- Platforms can be constructed to fit the space you need.
- Show off your logo or team crest with our custom printed platforms.
- Choose from either birchwood or oakwood for your inserts.

T Platform

CUSTOMER TESIMONIALS

“FITNESS EQUIPMENT IRELAND HELPED US EVERY STEP OF THE WAY FROM PROVIDING A 3D DESIGN OF THE LAYOUT TO HELPING US THROUGH THE PROCESS OF GETTING INSURANCE. THEIR KNOWLEDGE AND EXPERTISE WAS A GREAT BENEFIT AND MADE THE PROCESS VERY MANAGEABLE”

- JOHN K., TOYOTA IRELAND

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@FITNESSEQUIPMENTIRELAND

FITNESS EQUIPMENT IRELAND

“WE FOUND THE EQUIPMENT SUPPLIED BY FITNESS EQUIPMENT IRELAND TO BE OF GOOD QUALITY AND GOOD VALUE FOR THE MONEY. DELIVERY AND INSTALLATION WAS PROMPT AND EFFICIENT AND THEY DEALT WITH ANY OUTSTANDING ISSUES IN A TIMELY MANNER”

- PETER O. KILANERIN-BALLYFAD COMMUNITY DEVELOPMENT ASSOC.

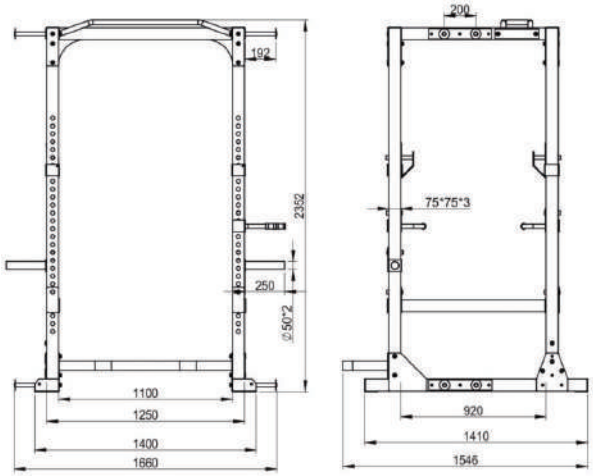
RIGS & POWER RACKS

FULL COMMERCIAL POWER RACK

SKU: FCPR

Our Full Commercial Power Rack has been referred to as a beast and we can see why.

- Engineered using Commercial-Grade, Heavy-Duty 11 Gauge 75mm x 75mm/3mm Steel.
- Weighing in at over: 150kg, this power rack is the definition of stability.
- Multi Grip Chin Up Bar.
- Dip attachment, plate storage, premium J-Hooks and safety bars included.
- 600kg Frame Capacity with a lifetime guarantee on the frame.



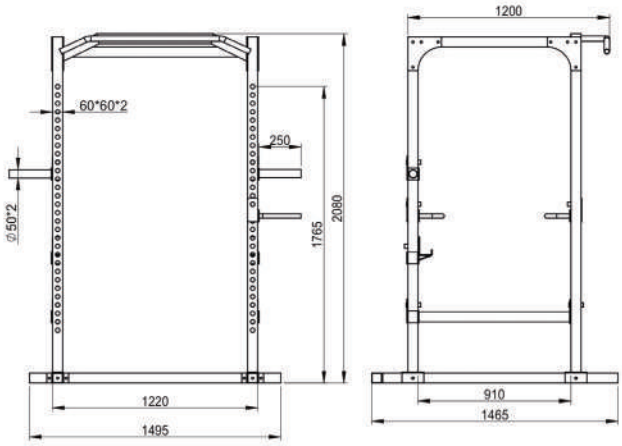
RACK DIMENSIONS (MILLIMETERS)

SEMI COMMERCIAL POWER RACK

SKU: SEMI-COMMERCIAL POWER RACK

Our Semi Commercial Power Rack is ideal for use in any GAA Club, Rugby Club or Personal Training Studio.

- Built with 60mm by 60mm, 2.5mm thick steel.
- Multi Grip Chin Up bar.
- Lat pull down attachment option available.
- Dip attachment, plate storage, premium J-hooks and safety bars included.



RACK DIMENSIONS (MILLIMETERS)

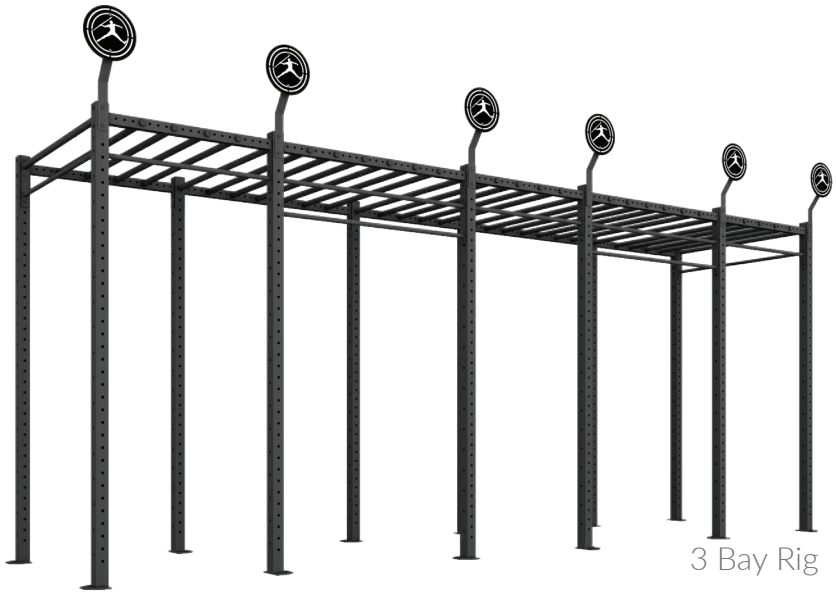
WALL MOUNTED RIGS

2 Bay Rig

Our wall mounted rig is the perfect solution for integrating attachments and maximizing workout space. Rigs come with an expansion option so users can expand their rigs as their needs grow.

- Build up to 8 bays.
- Premium J-hooks included.
- For proper use rigs must be bolted to both the wall and floor.
- Wall mounted rigs can be converted into free standing rigs.
- Custom attachments and heights available upon request.

FREE STANDING RIGS



3 Bay Rig

The Multi Bay Free Standing Rigs allow for both sides of the rig to be utilized. Free standing rigs expand the amount of stations available for users making space utilization more flexible. Free standing rigs make for great gym centre pieces.

- Build up to 8 Bays.
- Premium J-hooks included.
- Custom attachments and heights available upon request.
- Wall ball target and monkey-bar options shown.

ATTACHMENT OPTIONS

SANDWICH J -HOOKS

DIP STATION

STEP UP

WISHBONE

SAFETY ARMS

DIRTY SOUTH

RIG WING

CUSTOM HALF RACKS

The Commercial Half Racks provide a heavy duty workout station with a smaller footprint than the full racks.

- Multigrip Chin-Up Bar to facilitate both Wide Grip and Neutral Grip Pull Ups.
- Weight Plate Storage on both sides of the Rack.
- Rear Olympic Bar Storage to Hold 2 x Olympic Bars.
- J Hooks.
- Safety Spotter Arms.
- Custom attachments and heights available upon request.

STORAGE RIGS

3 Tier Shelf

Maximize your gym's space with our customizable storage solutions. These can be attached to the rigs or free standing for easy access to your equipment.

- Ideal for storage of Weight Plates, Medicine Balls, Kettle bells.
- Sturdy steel construction.
- Custom heights and dimensions available upon request.

FREE WEIGHTS

COLOURED BUMPER

SKU: COLOURED-BUMPER-PLATES

PROFESSIONAL GRADE RUBBER COATED PLATES READY FOR USE ANYWHERE FROM COMMERCIAL GYMS TO HOME STUDIOS. BRIGHT COLORS ARE CONVENIENT FOR QUICK IDENTIFICATION. AVAILABLE IN 5-25KG.

BLACK BUMPER

SKU: BBWP

THE RUBBER TEXTURE OF THE BUMPER PLATES ENSURE A SMOOTH TRANSITION AND MINIMIZE NOISE AND IMPACT MAKING THEM AN IDEAL TRAINING KIT FOR BOTH HOME AND COMMERCIAL GYM USE. AVAILABLE IN 5-25KG.

RUBBER-COATED TRIGRIP

SKU: TOLPRC

THE TRI GRIP PLATE'S UNIQUE "EASY GRIP" FEATURE CONSISTS OF THREE HAND SLOTS BALANCED EVENLY AROUND THE PLATE TO FACILITATE ACCURATE WEIGHT DISTRIBUTION WHICH ENSURES THAT YOUR TIME IS FOCUSED ON WORKING OUT RATHER THAN ASSEMBLING EQUIPMENT.

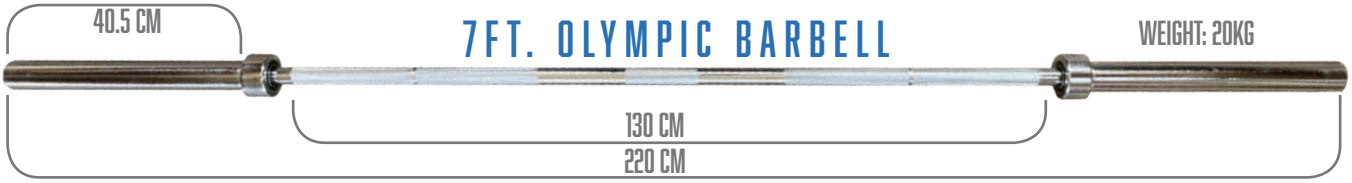
CAST IRON TRIGRIP

SKU: TGIWTP

THESE ARE THE BEST VALUE PLATES ON THE MARKET AND A FAN FAVOURITE AT FITNESS EQUIPMENT IRELAND. PROFESSIONAL GRADE CONSTRUCTION WITH "EASY GRIP" SHAPE.

BARS

7FT. OLYMPIC BARBELL



FIRST CLASS OLYMPIC BARBELLS MADE FROM HIGH CARBON STEEL AND KNURLED HARDENED CHROME. DESIGNED FOR USE WITH OLYMPIC SIZED PLATES

BEARING GRADES AVAILABLE:

LIGHT COMMERCIAL - 500LB	SKU: 7FTOB20KG500LB
SEMI COMMERCIAL - 1,000LB	SKU: 7FTOB20KG1000LB
FULL COMMERCIAL - 1,500LB	SKU: 7FTOB20KG1500LB

SAFETY SQUAT BAR

24 KG
2.2M HEAVY DUTY CHROMED AND KNURLED OLYMPIC BAR
MAX LOAD: 600LBS

SKU: SQSB

*PADS INCLUDED

5FT. OLYMPIC BARBELL

12KG

SKU: 5FTOLBR10

OLYMPIC E-Z CURL BAR

10KG

SKU: OLEZCB

BODYPUMP BARBELL

CLAMPS INCLUDED

SKU:BODYPUMPBAR

OLYMPIC TRICEPS BAR

SKU: OLTB

OLYMPIC DUMBBELL HANDLE

SOLD IN PAIRS
5KG

SKU: ODH

TRAP BARS

1.4M: 24CM SLEEVE | 61CM INTERNALLY HANDLE TO HANDLE | WEIGHT 25KG
SKU: DLSHBR_1_4M

1.8M: 29CM SLEEVE | 71CM INTERNALLY HANDLE TO HANDLE | WEIGHT 31KG
SKU: DLSHBR_1_8M

2.2M: 35CM SLEEVE | 72CM INTERNALLY HANDLE TO HANDLE | WEIGHT 38KG
SKU: DLSHBR_2_2M

BENCHES

FULL COMMERCIAL ADJUSTABLE BENCH

SKU: FULLADJUST-COMMBENCH

SEMI COMMERCIAL ADJUSTABLE BENCH

SKU: FCADJBN2

COMMERCIAL FLAT BENCH

SKU: CMFB

STUDIO EQUIPMENT

SLAM BALLS

Available in 3-10kg, 12kg, 14kg, 15kg, 16kg, 18kg, and 25kg sizes

SKU: slam-ball

MED BALLS

Available in 3-10kg and 12kg sizes

SKU: medicine-balls

MED BALL WITH HANDLES

Available in 3kg, 4kg, 6kg and 8kg sizes

SKU: MBH

SWISS BALLS

Available in 55cm, 65cm and 75cm sizes

SKU: SWISS

CAST IRON KETTLE BELLS

Available in 4-32kg sizes

SKU: CIKBLS

COMPETITION KETTLE BELLS

Available in 8kg-32kg sizes

SKU: COMPKB

COMMERCIAL ROUND DUMBBELLS

Available in 5 - 50kg in 2,5kg increments

SKU: RDB

HEX DUMBBELLS

Premium rubber coated dumbbells available in standard sizes 1-50kg

SKU: HEXDBLS

3 IN 1 FOAM PADDED PLYO BOXES

51cm, 61cm and 75cm heights.

SKU: FPB3I1

STACKED PLYO BOX

60cm, 45cm, 30cm and 15cm box heights

SKU: StackedPlyobox

AEROBIC STEP

Adjustable to 10cm, 15cm and 20cm heights

SKU: COAS_110

WALL BALLS

Available in 3-10kg and 12kg sizes

SKU: WALBAL

BALANCE BALL TRAINER

Handles and foot pump included

SKU: BOSU

BATTLE ROPE

Available in 40ft and 50ft lengths

SKU: BROPES

GYM MIRRORS

6mm safety backed mirror with polished edges.

SKU: GYMMIRROR

FOAM HANDLE SPEED ROPE

2.7m speed rope with foam handles

SKU: SPDRPE

BOXING GLOVES

Ideal for light training and Boxercise

SKU: BXG

HOOK AND JAB PADS

Sold in Pairs

SKU: HAJP

ADIDAS AIBA LICENSED GLOVES

Available in black, white, yellow, red, and blue

SKU: AIBABWR

BOXERCISE SET

Includes 8 pairs of both boxing gloves and hook and jab pads

SKU: BXS

LAOCH PUNCHING BAGS

Available in 2ft, 3ft and 4ft sizes

SKU: BOXBG

ADIDAS FAT BAG

4ft, 50kg made with synthetic PU material

SKU: AKPFBS

ADIDAS PUNCH BAG

4ft, 30kg bag made with synthetic PU material

SKU: A4FTKBP

ADIDAS HYBRID 100 GLOVES

Available in 8-16oz sizes

SKU: AH100BGBW

SUSPENSION TRAINERS

Durable rubber handles, comes with strap carrier bag
SKU: COMMSUS

PREMIUM GYM RINGS

40mm thick straps
SKU: PMGYMRG

RESISTANCE POWER BANDS

Available in six different levels of resistance
SKU: RESPOBA

EXERCISE LOOP BANDS

Available in four different levels of resistance
SKU: EXLRB

WOBBLE BOARD

40cm diameter with durable ABS plastic construction
SKU: BLBWB

YOGA MAT WITH EYELETES

9mm thick mat with straps for easy storage
SKU: YGMWEL

YOGA MATS

Eco-friendly TPE Yoga Mats 183*61*0.6cm (also available with eyelets)
SKU: YMTS

YOGA MAT WALL BRACKET

Easy storage for mats with eyelets
SKU: WBYM

EVA FOAM ROLLERS

15cm diameter, available in 40cm and 45cm lengths
SKU: SKU: EVARLR

BACK BALLER FOAM ROLLER

Removable high density EVA foam rollers with steel ball bearings
SKU: BBFR

GRID FOAM ROLLER

Stiff plastic core with textured EVA foam surface
SKU: GFRIE

POWER BAGS

Available in 5-25kg sizes.
SKU: PWBGS

CARDIO

BOLT M-PRO

The M-Pro uses a magnetic resistance system which produces less noise than the traditional padded brake while creating a more realistic feel for the rider. This bike is durable and easy to use.

Specifications:

- Magnetic brake system
- 20kg solid steel flywheel
- Crank: powder coating
- LCD Display

SKU: BOLTBIKEMPRO

BOLT C3

This Bolt C3 Full Commercial Spin Bike is a top of the range spin bike suitable for both light to full commercial environments.

Specifications:

- Racing bike with belt
- Pad brake system
- 22kg solid iron flywheel
- Crank: powder coating
- LCD Display

SKU: BOLTBC3

KEISER M3i

High-End spin bike with many unique features to create a true road bike experience.

Specifications:

- V-shaped frame accommodates all body types
- Rear-wheel design protects the flywheel from early corrosion
- Curved Crank arms
- LCD display with EN957-10 certification for accuracy

SKU: KEISERM3I

BOLT T PRO

SKU: BOLTTPRO

The Bolt T-Pro Treadmill is a full commercial machine that is suited for every user from beginners to experts. It comes stocked with 16 pre-set programs to deliver a range of workouts. The T-Pro's display is an 18.5′ TFT display screen for viewing while walking, jogging or running. The console display gives the user a myriad of functions: pulse, incline, time, speed, distance, calories burned, steps, body fat. Additionally, the display has 4 instant speed keys and 4 instant incline keys to get your workout going effortlessly.

Specifications:

- 4.0 HP motor
- Speed Range: 0.5-22 KM/H
- Incline Range: 18% auto incline
- Dimensions: 215(L) x 86(W) x 150(H) cm
- 56cm x 160cm running surface
- Maximum user's weight: 160KG

Technical Features:

- High Speed, Low noise, efficient motor
- Automatic system reset of running belt
- Emergency stop with safety key
- 18.5cm TFT console display
- 16 pre set programs
- Computer functions: pulse, incline, time, speed, distance, calories, steps, body fat
- 4 speed instant keys; 4 incline instant keys

BOLT T680

SKU: BOLTT680

The Bolt T680 treadmill has 4.0 HP motor with a range of 0.5-22 KM/H making it great for commercial gyms. The treadmill is high speed, but maintains low noise making it ideal for a large gym with many treadmills. Equipped with 24 pre-set programs ideal for all levels from beginners to experts. The LED console display comes with a USB port and MP3 play function. The T680's self lubricating feature makes for a low maintenance machine.

Specifications:

- Speed Range: 0.5-22 KM/H
- Incline Range: 18% auto incline
- Dimensions: 215(L) x 86(W) x 150(H) cm
- Maximum user's weight: 160KG

Technical Features:

- High-speed, low noise, efficient motor
- Automatic system reset of running belt
- Emergency stop with safety key
- LED console display
- Computer functions: Pulse, incline, time, speed, distance, calories, body fat
- MP3 play function
- 4 speed instant keys; 4 incline instant keys
- USB port
- Self-lubrication system
- Emergency stop clip

BOLT SP1

SKU: boltsp1treadmill

This Treadmill comes with a 4.0 HP motor which is great for high speeds while maintaining low noise with a max speed of roughly 22 KM/H. The Bolt SP1 treadmill comes with a LCD display with the functions: pulse, incline, time, speed, distance, calories and body fat. The machine comes with 24 pre-set programs ideal for all levels from starters to experts. The Treadmill also comes with an MP3 for your music needs.

Specifications:

- Speed Range: 0.5 ~ 22 KM/H
- Incline: 20% auto incline
- Dimensions: 212(L) x 89(W) x 146(H) cm
- Maximum user's weight: 180KG

Technical features:

- 24 pre-set programs
- Console display: 1 LCD display
- Console functions: pulse, incline, time, speed, distance, calories, body fat
- MP3 play function

BOLT X-PRO CROSS TRAINER SKU: BOLTXPRO

The Bolt X-Pro is a full commercial cross trainer utilizing an electromagnetic control system to create 40 different resistance levels.

Specifications:

- Dimensions: 2176mm x 690mm x 1780mm
- 11.5kg Magnetic Wheel
- 54cm stride length
- Electromagnetic control system
- ABS Commercial Elliptical pedals with cushion pad
- Max weight: 160kg

Technical features:

- LED Electronic Display
- Hand Pulse Sensor with optional wireless pulse band

BOLT X1 CROSS TRAINER SKU: BOLTX1

This Bolt X1 is a semi-commercial elliptical machine that is great for studios and home gyms. It operates using a magnetic wheel to create 24 different levels of resistance.

Specifications:

- Dimensions: 1853mm x 676mm x 1656mm
- 5kg Magnetic Wheel
- 48cm stride length
- Electromagnetic control system
- Max weight: 160kg

Technical features:

- 136mm x 71 mm LCD display
- iPad stand
- USB port

THE GOLD STANDARD FOR INDOOR ROWERS, THIS FULL COMMERCIAL MACHINE COMES EQUIPED WITH FULL METAL CONSTRUCTION AND A BACKLIT LCD PERFORMANCE MONITOR.

CONCEPT 2 MODEL E

SKU: C2ERM

Specifications:

- Monitor: PM5
- Seat Height: 51cm
- Monorail Length: 137 cm. Fits inseams up to 91 cm
- Chain or Cord: Nickel-plated steel chain
- Chain/Cord Housing: Fully enclosed
- Power Generation for PM: PM5 – Battery pack recharged when indoor rower is in use
- Support Legs: Welded steel
- Monitor Arm: Fixed monitor arm made of aluminium. Monitor angle can be adjusted
- Finish: Double powder coat plus clear top coat
- Storage: Can be separated into two parts for easy storage

Storage Requirements:

- Dimensions: 244 cm x 61 cm
- Dimensions Folded: 68.6 x 119.4 x 137.2cm
- Weight: 29Kg
- Maximum User Weight: 227Kg

CONCEPT 2 MODEL D

SKU: C2DRM

Specifications:

- Monitor: PM5 Performance Monitor
- Seat Height: 36 cm
- Monorail Length: 137 cm – For Taller People with an inseam of 96.5 cm Please contact FEI for options
- Chain or Cord: Steel chain (Nickel-plated)
- Chain/Cord Housing: Partially enclosed
- Maximum User Weight: 227 kg
- Support Legs: Aluminum front legs, steel rear legs
- Monitor Arm: ABS plastic. Pivots for storage and to adjust monitor height. Monitor angle can also be adjusted.
- Finish: Powder coat
- Colour Scheme: Light grey or black
- Storage: Can be separated into two parts for easy storage

Storage Requirements:

- Assembled: 8 ft x 2 ft (244 cm x 61 cm)
- With Clearance for Use: 9 ft x 4 ft (274 cm x 122 cm)
- For Storage: 25 in x 33 in x 54 in (63.5 cm x 83.8 cm x 137.2 cm)
- Machine Weight: 57 lb (26 kg)

UTILIZING THE SAME PERFORMANCE MONITOR AS THE MODEL E IN A SMALLER PACKAGE, THE MODEL D BRINGS THE INTENSITY TO ANY GYM OR COMMERCIAL SETTING.

BOLT SC1 SKU: BOLTSC1

The Bolt SC1 Rower is a foldable and portable Semi Commercial machine.

Specifications:

- 3kg wheels
- What kind of computer display
- Aluminium track
- 8 levels of resistance
- Dimensions: 2050mm x 550mm x 205mm

BOLT R1 SKU: BOLTR1

The Bolt R1 is a Full Commercial recumbent bike with 40 levels of electromagnetic resistance.

Specifications:

- 11.5kg magnetic wheel
- Dimensions: 1670mm x 750mm x 1400mm
- Commercial bi-color pedals
- Max user weight 160kg

Technical Features:

- LED electric display
- Hand pulse sensor and optional wireless pulse band

BOLT AIRBIKE

SKU: BOLTSC1

Full Commercial Airbike with LCD display.

Specifications:

- Computer display: Calories/Speed/Time/Distance
- Adjustable Seat with 8 height and 5 front/back settings
- Easy moving
- Max User weight:160kgs/350LBS
- Machine Size: 149.5*75.9*134cm
- N.W/G.W: 58.5 /67.5kgs

EVO RENEGADE AIR BIKE

SKU: BOLTSC1

The Evo Renegade Air bike is a fully commercial heavy duty cross-fit bike. The Renegade Air Bike scales automatically to how hard you want to train through the use of air resistance.

Specifications:

- Dual pedal with mountable toe clip & strap assembly
- Handlebars
- Multi-grip placemants dual action
- Polar compatible heart-rate monitoring
- Fan 4.8 kg dual steel fan
- LCD Screen
- Console Feedback: Time, calories, RPM, distance, speed, watts
- 8 Pre-set programs
- Dimensions (L x W x H) 123 x 67.5 x 142 cm
- NW / GW 76.5 kg / 81 kg
- Maximum user weight 130 kg

BOLT U1 SKU: BOLTU1

The Bolt U1 is a Full Commercial upright bike with 40 levels of electromagnetic resistance.

Specifications:

- 11.5kg magnetic wheel
- Dimensions: 122cm x 58cm x 149cm
- ABS commercial elliptical pedal with cushion pad
- Max user weight 160kg

Technical Features:

- LED electric display
- Hand pulse sensor and optional wireless pulse band

"...A DREAM TO DEAL WITH...OUR CLIENTS WERE VERY IMPRESSED"

- THE FIT FACTORY, LIMERICK

PLATE LOADED ISO MACHINES

EACH OF OUR PLATE LOADED MACHINES ARE BUILT WITH HIGH STRENGTH STEEL TUBING, PRECISION WELDING, AND A POWDER COATED FINISH. THE SQUARE TUBING IS 60MM X 120MM WITH A THICKNESS OF 3MM

CHEST

WIDE CHEST PRESS

CHEST PRESS

OVERHEAD PRESS

INCLINE CHEST PRESS

ARMS

BICEPS CURL

SEATED TRICEPS DIP

CAMBER CURL

BACK

LAT PULL DOWN

SEATED ROW

LOW ROW

LEGS

LINEAR LEG PRESS

45 DEGREE LEG PRESS

HACK SQUAT

LEGS

REAR KICK BACK

LEG EXTENSION

LEG CURL

WEIGHT STACK MACHINES

OUR WEIGHT STACK MACHINES OPERATE USING A 6MM, INTERNALLY LUBRICATED CABLE. EACH MACHINE IS BUILT WITH HIGH STRENGTH STEEL TUBING, PRECISION WELDING, AND A POWDER COATED FINISH. THE SQUARE TUBING IS 60MM X 120MM WITH A THICKNESS OF 3MM .

CHEST

CHEST PRESS

INCLINE PRESS

SEATED FLY

CABLE CROSS OVER

5 STATION FUNCTIONAL TRAINER

BOLT STRENGTH FUNCTIONAL TRAINER

BACK

SEATED ROW

LOW ROW

PULL DOWN AND LOW ROW

LAT PULL DOWN

BACK EXTENSION

ASSISTED PULL UP

SHOULDERS

SHOULDER PRESS

LATERAL RAISE

ABS

ROTARY TORSO

ABDOMINAL ISOLATOR

FORWARD BEND & BACKWARD PRESS

ARMS

45 DEGREE TRICEPS EXTENSION

45 DEGREE CAMBER CURL

SEATED TRICEP FLAT

BICEPS CURLS AND TRICEPS EXTENSION

LEGS

PRONE LEG CURL

LEG EXTENSION

SEATED LEG PRESS

SEATED LEG CURL

LEG EXTENSION AND PRONE LEG CURL

LEG EXTENSION AND LEG CURL

LEGS

HIP ABDUCTOR

HIP ADDUCTOR

MULTI HIP

GLUTE ISOLATOR

ABDUCTOR AND ADDUCTOR

BODYWEIGHT MACHINES

COMMERCIAL POWER TOWER

153 X 233 X 144 /
SKU: CPWRTWR

GLUTE HAM DEVELOPER

163 X100 X 122 /
SKU:GLUTEHAMDEVELOPER

FLOOR GLUTE HAM AND HIP THRUSTER

122 X 89 X 68
SKU: ABCB

HYPER EXTENSION

170 X 110 X 81
SKU: HEB

AB CRUNCH BENCH

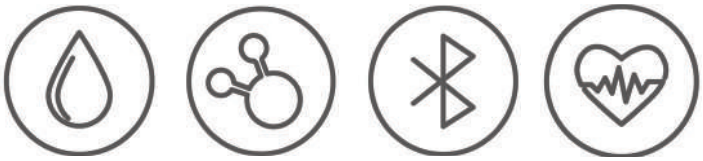
122 X 89 X 68
SKU: ABCB

SISSY SQUAT

100 X 60 X 52
SKU: SISSQ

Puls8 Fitness

PULS8 FITNESS IS A GROUP TRAINING SOLUTION THAT UTILIZES TECHNOLOGY TO MEASURE AND DISPLAY EACH USER'S HEART RATE SIMULTANEOUSLY TO CULTIVATE A UNIQUE ENVIRONMENT THAT PUSHES EVERYBODY TO THEIR LIMITS.



INTERESTED IN LEARNING MORE?
GIVE US A CALL AT +353 1 816 7510

Specifications

- Data Transmission: Bluetooth, ANT+
- Wireless Transmission Distance: 10m
- Transmitter Size: 59.5mm x 35mm x 11mm
- Rechargeable battery with up to 10 hours per charge
- Waterproof Level: IP67
- Compatible with iOS 8.0 and up, Android 4.3 and up, BLE devices, Garmin Watch Support

WAYS TO BUY

ONLINE

SHOP HUNDREDS OF PRODUCTS ON OUR WEBSITE

WWW.FITNESSEQUIPMENTIRELAND.IE

PHONE

WANT TO TALK TO AN EXPERT? GIVE US A CALL

+353 1 816 7510

EMAIL

QUESTIONS ABOUT ANY PRODUCTS OR IN NEED OF A QUOTE? REACH OUT TO US VIA EMAIL

INFO@FITNESSEQUIPMENTIRELAND.IE

VISIT US

GET A LOOK AT OUR PRODUCTS AT OUR SHOWROOM LOCATED JUST OFF EXIT 5 ON M50

47B JAMESTOWN BUSINESS PARK, FINGLAS

DUBLIN 11